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## Satisfaction Survey of Administration Modes for Long-Acting (LA) Somatostatin Analog (SSA) Therapy in Patients with Neuroendocrine Tumors (NETs)

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**BACKGROUND:** To describe patient experiences and satisfaction with LA-SSA administration modes in a real-world setting.

**METHODS:** A longitudinal, prospective, web-based survey was conducted among US patients with NET treated with lanreotide depot (lanreotide) or octreotide LAR (octreotide) within the last 5 days. Patients recruited by the Carcinoid Cancer Foundation completed surveys on prior/current experience and satisfaction at baseline, 14 days after injection (D14), and 28 days after injection (D28) but before next injection.

**RESULTS:** Of 202 patients who completed the baseline survey (82 lanreotide, 120 octreotide), 148 completed D14, and 124 completed D28. Patients reported consistently high satisfaction levels with their most-recent LA-SSA treatment (85.1% [D14]-91.1% [baseline]) and disease control (66.9% [D14]-70.2% [D28]). More than 90% of patients would recommend their injection to another patient like themselves, and most reported “good” or “very good” experiences overall with their most recent injection (89.5% [D28]-92.1% [baseline]). At baseline, 55 patients receiving lanreotide (67.1%; 95% CI, 0.57-0.77) reported no pain/difficulty sitting/lying down after their most-recent injection compared with 65 (54.2%; 95% CI, 0.45-0.63) patients receiving octreotide. Over the 28 days, 17.1% (95% CI 0.09-0.25) to 27.5% (95% CI, 0.15-0.40) of patients receiving lanreotide reported no pain/discomfort at the injection site from their most-recent injection

compared with 15.2% (95% CI, 0.08-0.23) to 20.5% (95% CI, 0.11-0.30) of patients receiving octreotide. Nearly 69% (95% CI, 0.62-0.75) said injections differed based on the nursing staff/person administering the injection, and 72.7% (95% CI, 0.65-0.80) of those patients said this was due to varying levels of nurse knowledge of injection processes.

**CONCLUSION:** Patients are satisfied with their current LA-SSA treatment and reported positive overall experiences with their most-recent injection; however, this study suggests experiences (i.e., pain) may differ by therapy type and person administering the injection. Nurse training (e.g., injection preparation and process knowledge) impacts the overall patient injection experience.

**Table 1. Baseline Demographic Characteristics and Satisfaction With Treatment**

Variable	Baseline (N = 202)	D14 (N = 148)	D28 (N = 124)
Age, mean (SD) years	63.2 (9.85)	-	-
Sex, female, n (%)	125 (61.9)	-	-
Primary NET, small intestine, n (%)	109 (54.0)	-	-
Diagnosed with or experienced symptoms of CS, n (%)	181 (89.6)	-	-
Satisfied with control of disease, <sup>a</sup> n (%)	138 (68.3)	99 (66.9)	87 (70.2)
Would recommend most recent type of injection to another patient, <sup>b</sup> n (%)	184 (91.1)	138 (93.2)	114 <sup>e</sup> (92.7)
Good experience overall with most recent injection, <sup>c</sup> n (%)	186 (92.1)	134 (90.5)	111 (89.5)
Satisfied overall with most recent injection, <sup>d</sup> n (%)	184 (91.1)	126 (85.1)	106 (85.5)
Race – Other	White	.312	0.903
Functional Status – Functional	Nonfunctional	.847	0.959
Surgery	No Surgery	<.001	0.352

<sup>a</sup> Includes responses of “Very satisfied” or “Somewhat satisfied.”

<sup>b</sup> Includes response of “Definitely recommend” or “Probably recommend.”

<sup>c</sup> Includes responses of “Very good experience” or “Good experience.”

<sup>d</sup> Includes responses of “Very satisfied” or “Satisfied.”

<sup>e</sup> 123 patients responded.