

O-1

Neuroendocrine Wellness Clinic – Holistic Care Delivery to Patients With Metastatic Neuroendocrine Tumors



A. Laffan; GI medical oncology/Survivorship, University of California San Francisco, CA/United States of America

BACKGROUND: Neuroendocrine tumors (NET) are rare often indolent tumors. Approximately 22% of patients (pts) present with metastatic disease at diagnosis and can live with metastatic disease for years. These pts often don't identify as cancer survivors and don't meet the criteria for care in traditional survivorship clinics.

To develop, implement and evaluate a multidisciplinary NET wellness clinic to address the unique survivorship/holistic needs of pts living with metastatic NET

METHODS: Pts from the UCSF NET support group participated in a focus group assessing the need for and interest in a multidisciplinary NET wellness clinic. A clinic was established comprised of a dietician, NP, social worker, cancer resource specialist and exercise counsellor. Pts are seen in the clinic by each provider then given the opportunity to have follow up appointments with the providers as needed. At completion of each visit, pts are asked to complete a survey.

Pts agreed with the need for holistic care, identified with the term “wellness” rather than survivorship and were supportive of meeting with multidisciplinary providers on 1 day to reduce transportation and off-work time.

RESULTS: Over 16 months, 48 pts were referred to the NET wellness clinic, 83% complied with the referral, 60% completed a post visit survey, 84% were extremely satisfied with the experience, 100% were very/extremely satisfied with the information received, 100% said the clinic meet their expectations and would recommend the clinic to other pts

CONCLUSION: The multidisciplinary NET wellness clinic achieved its goal of meeting the holistic needs of this unique patient population. The implementation of the wellness clinic demonstrated that the project was feasible and was met with high levels of patient satisfaction

ABSTRACT ID: 79